

FALL 2025 STJ YOUTH SPORTS PLANNER



The Town of St. Johnsbury Recreation Department is excited to offer a variety of youth sports options for ages 4-15 (grades Pre-K to 8) for Fall 2025!

We offer inclusive, quality sports programming to supplement and prepare students for future school athletic programs, focusing on enjoyment of physical activity, social/emotional and physical skill development, teamwork and of course, FUN!

PARTICIPATION FEES are due prior to program start dates to support coach and referee wages, participant jerseys and equipment, field maintenance, and facility reservation fees. Refunds for cancellations within 2 weeks of the start of the program will be issued at the discretion of the Recreation Director. All refunds due to participant cancellation are subject to a \$5 processing fee. If a program is cancelled by the Recreation Department, a full refund will be issued back to participant.

SCHOLARSHIPS are available for families that meet income eligibility requirements or are experiencing a financial hardship. Visit www.stjvt.com/recreation to submit an application.

QUESTIONS?

Contact the
Recreation Director
at (802) 397-3407
or sgagne@stjvt.com.



facebook.com/stjrec



[@stjvtrecreation](https://instagram.com/stjvtrecreation)



(802) 397-1407



www.stjvt.com/recreation

51 Depot Square, 3rd Floor
St. Johnsbury, VT 05819

CHEERLEADING

Kinder - Grade 8



Location

St. Johnsbury Academy
Field House

Join us Saturday mornings at the St. Johnsbury Academy Field House for the K-8 Cheer Program! In this program, your child will learn the fundamentals of cheerleading from Hilltopper Cheerleaders and Coaches. At the end of the program, your child will have the opportunity to participate in the Pep Rally Parade on Friday, October 24th before 'The Big Game' between the SJA Hilltoppers and the L.I. Vikings. To wrap up the season, a Cheer Showcase will be held on Sunday, November 2nd.

Schedule

Saturdays, September 6 through October 18

Grades K-3: 9:30 - 10:30am

Grades 4-8: 9:30 - 11:00am

Fees

Grades K-3: \$44

Grades 4-8: \$50

Includes t-shirt, poms, and hair bow.

Location

Brantview Lawn at
St. Johnsbury Academy

CROSS COUNTRY



Kinder - Grade 8

Cross Country is a great way to make new friends, stay active, and have fun!

Coaches work hard to appropriately challenge children with a variety of experience. Games, activities, and positive encouragement instill a love of running in younger students, while more seasoned athletes learn proper running form, pacing strategies, and injury prevention. Grades K-3 runners will participate in 2-3 local meets, and runners in grades 4-8 will have the opportunity to compete in 3-5 regional invitational meets.

Fees

Grades K-3: \$40

Grades 4-8: \$52

Includes t-shirt and race fees.

Dates & Times

Practices held 3:45-5pm Mondays & Wednesdays, September 3rd through October 22nd. All meets will be held on Saturdays.



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SKILLS & DRILLS

Pre-K - Grade 2



Location

St. Johnsbury School
Soccer Fields

The **PreK-Kinder program** is a great way to introduce your child to a variety of field sports and their associated skills including running, throwing, catching, and kicking a ball. Coaches build your child's love for sports through engaging and developmentally-appropriate games and relays.

The **1/2 program** begins to focus more on skill development, particularly with soccer, including dribbling, passing, and shooting. Coaches introduce the rules of game play and end the season with in-house scrimmages.

Dates & Times

Saturdays, 9/13-10/18

Grades PreK-Kinder: 10:00 - 10:45am

Grades 1-2: 11:00am - 12:00pm

Fees

\$32

Includes t-shirt and
soccer OR football.

Locations

Union Baptist Church, Rte 5
and/or St. Johnsbury School



SOCCER Grades 3-6

Fees

Grades 3-4: \$52

Grades 5-6: \$64

Includes t-shirt
and soccer ball.

The **3-4 program** is an exciting introduction to playing against other area teams. Coaches focus on skill development, team play, and fun & fitness.

The **5/6 program** includes game play on the full field. Coaches introduce advanced skills and tactical play, continuing to develop teamwork and sportsmanship. Regional games are held on Mon and Thurs.

Practice Schedule

Practices held 2 evenings per
week (M/T/Th/F), September 2nd
through October 23rd.

Jamboree Schedule

<u>3/4</u>	<u>5/6</u>
9/13, 9/20, 9/27, 10/4, 10/11, 10/18	9/20, 10/4, 10/11, 10/18



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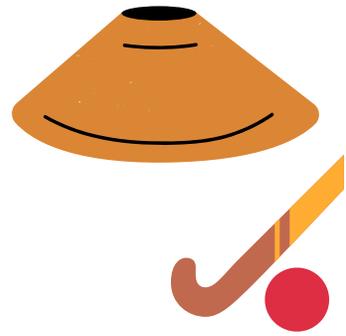
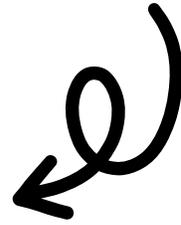
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REGISTRATION FORM



THE KIDS NEED YOU!

PAID COACHES/REFEREES
VOLUNTEER TIMEKEEPERS

Virtual safety trainings and in-person coach development sessions offered for all! For more information, contact the Recreation Director at (802) 397-1407 or sgagne@stjvt.com

COMING SOON!

Keep an eye on our socials and stjvt.com/recreation for these other exciting opportunities this Fall!

- Adult Pick-Up Games
- Adult Kickball League
- Pickleball Tournaments
- 5K Community Fun Runs
- Coffee & Cards Social Hour
- Winter Gear & Sports Swap
- Family Yoga in the Park
- StoryWalks® Trail Hikes
- Kid's Night Out
- Parent/Tot Programs
- Early Education Programs
- Early Release Day Programs



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